



**ALIEF AARP CHAPTER #3264**  
AARP chapters are separately incorporated affiliates of AARP.  
**NEWSLETTER**  
**NOVEMBER 2025**



### **President's Message**

November has brought us some cooler weather which we are thankful for. November 11<sup>th</sup> is Veterans Day. Please remember to honor our Veterans with a "Thank You for YOUR Service". These men and women who have served our country are the reason we enjoy the FREEDOM we have today.

Hopefully, everyone voted either during Early Voting Period or on Tuesday, November 4<sup>th</sup>. It is a privilege and duty of every eligible voter in America to help make decisions regarding our laws and representatives. Thank you for voting!

Thanksgiving Day seems to be overshadowed and forgotten by Halloween and Christmas decorations this year. We Americans are truly blessed and have many people and things to be thankful for. Truly, I am thankful for you, dear members, who keep Alief AARP Chapter 3264 alive and serve our neighborhood Alief.

November 29<sup>th</sup> is National Square Dance Day. Did you know that Square Dancing is the State of Texas official folk dance? It is also the United States of America's Official National Folk Dance. As many of you know, I have been a square dancer for 58 years and am still square dancing. Square Dancing is good cardiovascular exercise, helps one to grow new brain paths, and promotes friendship. We have had Exhibition Square Dancing as our program several times during the past years.

Please remember to take a look at our new website: [www.aliefaarp3264.org](http://www.aliefaarp3264.org)  
Alief AARP Chapter 3264 is the first local AARP Chapter in our District to have a website.

MAY GOD BLESS AMERICA and May God Bless Us, each and every one!

*Jan Albers*

Make sure to visit our new website: [www.aliefaarp3264.org](http://www.aliefaarp3264.org) . Here is a screenshot of the main page.

10/22/25, 8:37 AM

Alief AARP 3264

**Welcome to**



**Alief AARP Chapter #3264**

*AARP Chapters are separately Incorporated  
affiliates of AARP*

for more information: [info@aliefarp3264.org](mailto:info@aliefarp3264.org)

*Est. August 25, 1980*

**November General Meeting**

10AM Thursday, November 4th, 2025  
The Salvation Army Church  
7920 Cook Rd, Houston, TX 77072

*Board of Directors Meeting*

2PM Thursday, October 23rd, 2025  
The Salvation Army Church  
7920 Cook Rd, Houston, TX 77072

**Upcoming Trips**

[Thursday, October 30th, 2025 - Tex Ritter Museum and Windmill Museum](#)

[Friday, November 14th, 2025 - Galveston Tree Sculptures Tour](#)

[Friday, December 12th, 2025 - Champion Forest Baptist Church Christmas Spectacular](#)

**Officer's List**



## Election of 2026 Officers

Election of 2026 Officers will be held at our November 6, 2025 General Meeting. Our Nominating Committee will present a list of candidates. However, nominations “from the floor” by current members will be accepted prior to voting. Please be sure to check with any candidates nominated “from the floor” that they are willing to serve prior to nominating them as an officer.

Nominating Committee Candidates are:

President – Linda Edwards

Vice President – Doris Hemsworth

Secretary – Austra Runnels

Assistant Secretary – Jean Matthews

Treasurer – Katherine Miller

Assistant Treasurer – Barbara Mireles

Three-Year-Directors – Bryan Placette & Bunny Trammell

Please note the 2025 Three-Year-Directors automatically move down to be Two-Year-Directors. They are Lucy Rosario Cavazos & Iola Williams

Please note the 2025 Two-Year-Directors automatically move down to be One-Year-Directors. They are: Nancy Carter & Valeri Russell.

Committee Chairmen positions are appointed by the 2026 President. If you are interested in serving as a Committee Chairman, please contact the newly elected 2026 President.

## Programs

### November 6, 2025 – Jan Hargraves



*Jan Hargraves (a current member of Alief AARP Chapter 3264) is a talented and experienced musician and plays the violin in the Sugar Land Baptist Church Orchestra and the North Harris County Dulcimer Society. She is also the spokesperson for North Harris County Dulcimer Society.*

## December 4, 2025 – Christmas Bingo



*Dora Cruz will call Bingo. Bring an unwrapped prize. 3 prizes will be given out for each game.*

## January 8, 2026 – Murray Pawloski - Healthy Eating Made Simple



*Murray has an over 20-year passion for cooking, and the restaurant and wine industry. He is still actively involved in the restaurant and wine business to this day. Now Murray is using all his knowledge and experience to help restaurants educate their guests on how to eat healthy and low carb meals that are "Murray approved" when dining out.*

## February 5, 2026 – Julie Laskowski - Singer



*Julia Laskowski will perform Patsy Cline Songs, etc. at our Alief AARP Chapter 3264 meeting on Thursday, February 5, 2026. The last time she performed at Alief AARP Chapter 3264 was September 5, 2024.*

## **March 5, 2026 – Marian Bell – Organizing and Downsizing**



*Marian Bell is a multi-faceted entrepreneur that is knowledgeable in many areas of our lives.*

*End clutter. Keep track of theater tickets. Be more efficient in doing errands and keep your receipts organized and have more time in your life.*

*Marian will also help you as you downsize, whether moving to a smaller home or into a senior community.*

*Visit her **Healthy Lifestyle** website at [www.marianbell.com](http://www.marianbell.com).*

## **TRAVEL**

### **Future Dates of Reserved Bus Trips**

November 14, 2025 – Friday - **Galveston Tree Sculptures** – Jan Albers – Bus Coordinator



*Many years after Hurricane Ike, sculpture artists gave a second life to what Mother Nature was trying to destroy. Wonderful sculptures have replaced the majestic oak trees that once lined the streets and shady houses of many neighborhoods.*

December 12, 2025 - Friday – **Champion Forest Christmas Spectacular** – Valeri Russell – Bus Coordinator



*A 90 minute, family friendly show celebrating the birth of Jesus and the joy of the holiday season! This cherished tradition combines Broadway-scale songs, stunning dance performances, dazzling lights, and special effects that will captivate all ages. Gather your family and friends, and experience the wonder and true meaning of Christmas in a show you won't want to miss*

**AARP CHAPTER 3264 LEGISLATIVE UPDATE FOR NOVEMBER 2025.****THE GOVERNMENT SHUTDOWN – WHAT YOU NEED TO KNOW!**

The United States Government has been shut down for 33 days as of Monday, November 3, 2025. The last time the United States Government experienced a shutdown was in 2018. That shutdown lasted 34 days.

**AS OF TODAY:**

- The SNAP Supplemental Nutrition Assistance Program has ended. This program is administered by the Department of Agriculture. Each card has an average of \$187 on EBT Card. Benefits have ended. And those relying on those benefits are suffering. This one change affects over 40 million people.
- Hundreds of thousands of federal workers are going without pay during this time with many raising serious financial concerns.
- FOOD BANK REQUESTS are on the increase while donations are on the decrease.
- FOOD BANKS are also in need of volunteers and donations to keep up with the demand.
- The Republicans and the Democrats have not been able to resolve the main issue of conflict which is keeping the Healthcare Marketplace or Obamacare available for people who need low-cost insurance. Without access to this insurance many patients will not be able to receive needed treatments or medications such as Insulin.
- If you are traveling, be ready to spend time in long Security Check lines as those workers are not paid. As a result, many of them are calling in sick, which is creating huge staffing shortages and long lines and missed flights if you don't plan accordingly.

Hopefully as time progresses, our leaders will be able to reach an agreement and reopen our government processes.



**Tex Ritter Park  
Museum  
&  
Windmill  
Museum Trip**



## **Sunshine Chairman**

**Linda Edwards** is our **Sunshine Chairman** who will send e-cards, birthday cards, get well cards, thinking of you cards, and sympathy cards to our members.

If you know of any of our members who should receive a card from Alief AARP Chapter 3264, please advise **Linda Edwards at 713-202-8800 or email: [dance.partners@yahoo.com](mailto:dance.partners@yahoo.com)**

## **Donations – Collections 2025**

The Alief AARP Chapter 3264 Board of Directors has voted to resume **monthly** donations of can goods/non-perishable food to donate to those in need who live in the Alief Area. The Salvation Army Church (where we hold our meetings) is one of the Houston Food Bank Distributors. The Alief AARP Chapter 3264 Board of Directors has voted to donate these items to The Salvation Army Church for them to distribute. **Please bring can goods/non-perishable food donations to any of our meetings starting immediately. Please check expiration dates to make sure your donations have NOT expired. THANK YOU!**

Also, The Board of Directors has voted to resume collecting the following items for donations:

Cell Phones to be refurbished and distributed to Battered Women.  
Eye Glasses

Please bring your donations to our monthly General Meetings and give them to **Community Service Chairman Valari Russell or President Jan Albers.**

## **Volunteer Hours**

Remember to sign in your volunteer hours at the monthly general meeting. This is one of the most important things we can do each month. Be a “Texas Star”! Let us validate the fact that we are a service organization, not a social organization.

**If you attend the Alief AARP Chapter 3264 monthly meeting, please sign in for the 2 hours service.** If you help a friend, attend an AARP General Meeting, help at your church, help your neighbors, run errands for someone, help at a hospital or anything else where you donate your time—all of your time spent doing for others (including travel time) is considered **volunteer hours**.

**General Information**

Attendance (October 2): 34 Members & 3 guests

New Members: 2

Total Members: 97

Volunteer Hours for September 682

**Upcoming Meetings**

November General Meeting

Thursday, November 6, 2025

Time: 10:00 a.m.

Location: The Salvation Army Church  
7920 Cook Road, Houston, TX 77072

December General Meeting

Thursday, December 4, 2025

Time: 10:00 a.m.

Location: The Salvation Army Church  
7920 Cook Road, Houston, TX 77072

**No Board Meetings in November or December due to holidays.**

**November Dates to Remember**

- November 2 Daylight saving time ends
- November 4 Election Day
- November 7 National Cancer Awareness Day
- November 11 Veterans Day
- November 27 Thanksgiving Day
- November 28 Black Friday
- November 29 National Square Dancing Day

